

25 Years of Texas Tough Karate



2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3 Karate in the Park 10:30am
4	5	6	7	8	9	10
STRIPE WEEK- Gear & Gi check						
11	12	13	14	15	16	17 Karate in the Park 10:30am Belt Exam 1:30
18 WSD 2-4pm	19	20	21	22	23	24 Karate in the Park 10:30am
25	26	27	28	29	30 PNO Halloween Party 7-10PM	31
Wear Your Costume to Class Week						

PLEASE DO NOT FORGET TO UPDATE ANY CHANGES TO YOUR INFORMATION (CREDIT CARD, ADDRESS, PHONE, ETC.)

Thanks for helping to make us one of the **Top 2 Martial Arts Schools in DFW** on the Dallas A-List.

← CHECK-IN & LIKE US ON →

VISION MARTIAL ARTS CENTER

3019 W. 15th Street, Plano, TX 75075

☎ 972.758.8622 🌐 www.VMACPlano.com



NEWS YOU CAN USE

October is SPOOKTACULAR at

Vision Martial Arts

- **October 3, 17, 24 Karate In The Park!**

We are the Super Cool Karate school so join us at 10:30am at:

Preston Meadow Park

4243 Lorimar Drive

Plano, TX 75093

Bring a friend and your sunglasses

- **October 1 is back to full uniform (save your shirts for spring)**
- **Oct 17-1:30 Belt Exam**
- **October 18th 2-4pm Women's Self-defense class-see Ms. Reeve to get in on the action**
- **Oct. 30th- 7-10pm Halloween Party/Parents night out! Games, Pizza and contests only \$25 per child -Friends and siblings welcome (ages 5-12 unless they are students)**
- **Coming in November: Leadership classes and Bully-Proof seminar**

We have Zoom as well as In-person classes that emphasize self-defense and character development. Also, Check out Theactionsselfdefense.com